



Opportunities for Dressage U25 Athletes

The U25 (or Under 25) division offers an increasingly important way for athletes between the ages of 16 and 25 (FEI age) to bridge the gap between the Young Rider and Grand Prix levels. US Dressage recognizes the importance of this division and several initiatives are underway to strengthen this division in our country.

Discover Dressage USEF/USDF Emerging Athlete Program

- **Who:** Open to athletes ages 25 & under
- **How:** Apply for Training & Evaluation Sessions
- **Support:** If an athlete participates in the Training & Evaluation Sessions, they are eligible to be selected for Membership to the Program. Membership includes access to resources such as score analysis, human sport science and medicine program, strategic planning meetings and possible financial assistance towards agreed upon targets. If the athlete is not selected, the sessions themselves are educational and a great way to 'stay on the radar' AND you can always reapply!
- [More information](#)

Development Program (Developing Grand Prix & U25)

- **Who:** No age limit!
- **How:** Apply for Training & Evaluation Sessions
- **Support:** If an athlete participates in the Training & Evaluation Sessions, they are eligible to be selected for Membership to the Program. Membership includes access to resources such as score analysis, human sport science and medicine program, strategic planning meetings and financial assistance towards agreed upon targets. If the athlete is not selected, the sessions themselves are educational and a great way to 'stay on the radar' AND you can always reapply!
- [More information](#)

Wellington, FL - CDIO-U25

- **Who:** FEI U-25 Athletes (must have score from CDI-U25 or Brentina Cup National Championships)
- **How:** Read Selection Memo and submit Declaration!
- **Support:** The US will be permitted at least one Team (of 3 athletes) for this event. The team will be led by a Chef d' Equipe and will have access to both US Dressage staff support as well as the US Dressage Team Veterinarian.
- [More Information](#)

USEF Young Adult 'Brentina Cup' Dressage National Championship

- **Who:** FEI U-25 Athletes (can qualify at national competitions)
- **How:** Read Qualifying Requirements and submit Application of Intent!
- **Support:** Championship participants may have access to USEF Coaching Staff at the Championships. (Program members will be given priority).
- [More Information](#)

European Competition Opportunities

Click [HERE](#).

Additional Educational Opportunities: There are many more educational opportunities available of athletes in the U25 division. Opportunities include USDF Clinics, USEF Young Horse Program (must have Young Horse), USDF/USEF Young Rider Graduate Program. Please contact us if you would like additional information!

...and if you are no longer a U25 athlete and feel you missed out on these opportunities, please stay in touch with us as our Programs may still be a fit for you!